

## Compliance Today – November 2020 Compliance officers are never caught up, and that is OK

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By Catherine Boerner

Catherine Boerner ([cboerner@boernerconsultingllc.com](mailto:cboerner@boernerconsultingllc.com)) is President of Boerner Consulting LLC in New Berlin, WI.

- [linkedin.com/in/catherineboerner/](https://www.linkedin.com/in/catherineboerner/)

I guess this is truly a good topic to help compliance officers exhale! The sooner compliance professionals realize that they will never be caught up, the better. I think it takes a lot of stress off to understand this is the nature of the compliance department. New compliance events and inquiries come in every day; you cannot always plan your day. Some investigations take longer than others. Many compliance events seem much worse or more urgent at first than the reality of what is happening in the organization. Some days, it is easy to get caught up in the emotional stress of wondering how bad it might get.

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