

Compliance Today – April 2023



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Read to become a better compliance professional

by Gerry Zack

I appreciate that you are reading this magazine and its useful information regarding compliance and ethics. But I'd like to use this month's column to encourage you to read something else—a good book that has nothing to do with our profession.

I recently finished reading a few good books and noticed the same effect on my work I'd seen previously. So, I did some research—some reading about reading. And it turns out my experience mirrors what many others, including some researchers, have noted. My ability to focus on work improved, my creativity got better, and problems that I previously found difficult to analyze became easier.

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