

## CEP Magazine - April 2022 Taking the first step

By Matthew Silverman

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I just turned 40. When you turn 40, you do the obligatory life check: What have I done; what do I have left to do? It's often easier to dwell on the personal and professional goals *yet* to be achieved, rather than acknowledging the accomplishments and victories (big or small) that brought you to the present day.

Matthew Silverman

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