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### How compliance professionals can achieve more balance

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By Vicente Dias Borges, CCEP-I, MBA

How do you stop going through the motions and start contributing to your compliance program's improvement?

Let's talk straight, compliance professionals. You probably chose this career because you want to do what is right; you want to protect your company and avoid scandal; and you don't want the attitudes of your company's employees to raise questions from the public.

Keeping the waters calm requires a lot of work, commitment, patience, and the ability to anticipate problems. But at the same time, there is a typical day-to-day routine:

- Answering questions about the best course of action
- Responding to emails about internal projects
- Assessing the impact of a discrediting news story on leadership
- Managing the process controls that your area created
- Reviewing requests for proposals, questionnaires, and hotline reports

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