

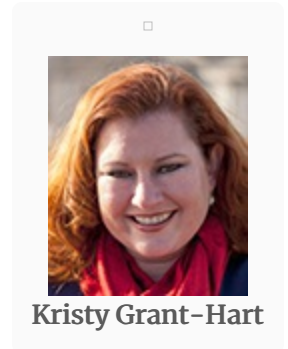
## CEP Magazine – March 2022 Why every 'yes' is actually a 'no'

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By Kristy Grant-Hart

Kristy Grant-Hart ([kgranthart@sparkcompliance.com](mailto:kgranthart@sparkcompliance.com)) is the Managing Director of Spark Compliance Consulting in London, and author of the book, How to be a Wildly Effective Compliance Officer.

- [compliancekristy.com](http://compliancekristy.com)
- [twitter.com/KristyGrantHart](https://twitter.com/KristyGrantHart)
- [linkedin.com/KristyGrantHart](https://linkedin.com/KristyGrantHart)



It feels good to say yes. It makes people happy and opens the next pathway. But the truth is that every yes is actually a no in disguise. How can that be?

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